

## **Soroptimist International of Ukiah Monthly News**

P.O. Box 701 Ukiah, CA 95482 Email: siukiah@soroptimist.net

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By Katie Kight SI Ukiah President 2012-2013 "It is not happy people who are thankful, it is thankful people who are happy."

Greetings SI Ukiah Members and Friends,

It always amazes me when I sit down at the computer to recap the club activities of the previous month and review what is yet to come. I am grateful to be a part of such a dynamic group of kindhearted, generous and enthusiastic women.

We helped to brighten the lives of local children and their families at the 5th Annual Free Children's Health Fair, Sunday October 6th. SI Ukiah, with the help of the Active 20/30 Club, kept busy with the Bike Safety Course and helmet

distribution. Thank you to everyone that helped and especially to Jessica Kimball for taking lead and representing the club at the planning meetings.

It was nice traveling to the District Meeting in St. Helena with Tami Glasco and Jessica Kimball. Thank you ladies for representing the club. We received a lot of good information and even squeezed in a little shopping too.

Have you traveled past the "Ukiah" sign at the south end of town yet? Thanks to Rebecca Enberg, Allyne Brown and representatives from other local service clubs, the overgrown brush has been removed and the sign is once again visible, showing off our new Soroptimist sign. Ladies, thanks for rolling up your sleeves and helping out on Make A Difference Day.

Make no bones about it, our boo-tiful Judy Pinto and Joyce Melton treated us to two spooktacular Hospitality parties last month! It worked out well for our three potential new club members, they each enjoyed an extra sweet treat after lunch.

A reminder, deadlines for the Women's Opportunity Award, Ruby Award and Violet Richardson Award are fast approaching. Please help the Scholarship and Awards Committee spread the word to encourage applicants to get their forms submitted on time

Together we're brightening our club, community and world!

- Katie

# MEMBERSHIF INIVERSARIES

## Celebrating November Soroptimist Anniversaries Congratulations!

MILESTONES

Rose Foster November 1969
Jessica Kimball November 1992
Donna Moschetti November 1998

mber 1998 15 Years

#### CALENDAR

#### **Meetings**

September - June Wednesdays, Noon-1:00 Ukiah Garden Cafe 1090 South State Street

#### **Board Meetings**

All members welcome to attend Monday prior to the business meeting, 5:30 p.m. Schat's at Friedman's

#### **November 2013**

- 4 Board Meeting
- 6 Committee Meeting
- 13 Business Meeting
- 20 Hospitality
- 27 No Meeting



#### SCHOLARSHIPS AND AWARDS Lucille Mirata, Committee Chair

The following award applications are due in December. Please help spread the word. Information and application forms are available on our website, www.siukiah.org

**RUBY AWARD, DUE 12/1/13** - For a woman in the community who is improving the lives of women or girls through her professional or personal life. By identifying and focusing on a need of women and girls, this woman has contributed to the improvement of their lives. Although clubs may honor a woman for a lifetime of good work, the majority of the work should have occurred within the past two years.

**VIOLET RICHARDSON AWARD, DUE 12/1/13** - A recognition program for young women ages 14-17 engaged in volunteer action within their communities or schools.

**WOMEN'S OPPORTUNITY AWARD, DUE 12/15/13** - For women who provide the primary financial support for their families, and who are enrolled in or have been accepted to a vocational/skills training program or an undergraduate degree program.

#### SEE'S CANDY Penny McIntosh, Committee Chair

Pre-sale orders are due by Nov. 13th. We will sell from December 6th until sold out, inside Raley's next to the cafe. A sign up sheet to work the booth will be passed around at the meetings or contact Penny to sign up.

#### **FOSTER CARE HOLIDAY PARTY Willow Anderson**

December 5th SI Ukiah will be volunteering at the Mendocino County Foster Care Holiday Party! Last year members enjoyed an evening of fun with these families helping with games and crafts. If you would be interested in helping once again please contact Willow Anderson at AndersonW@rcs4kids.org or look for a sign up sheet at club meetings.

#### **UKIAH VALLEY CHRISTMAS EFFORT Willow Anderson**

Shirley Grover's heart was dedicated to the Ukiah Valley Christmas Effort and to keep that spirit of giving alive SI Ukiah club members will once again volunteer to help. Last year a group of members met at the Ukiah Fairgrounds to volunteer for a few hours. Members found a sense of community and Soroptimist spirit in helping make the holidays special for hundreds of families throughout the Ukiah Valley. We will soon coordinate a date to meet separate from our regularly scheduled club meeting for volunteering with the Ukiah Valley Christmas Effort.

#### **SOUP BAR FUNDRAISER Allyne Brown, Committee Chair**

Mark your calendars for the Soroptimist Soup Bar on Friday, February 28, 2014.

### THANK YOU TO OUR CLUB SPONSORS

with whom we are able to prosper for the good of our community.

















Ask about our business sponsorship program

#### MAKE A DIFFERENCE DAY - Saturday October 26, 2013

SI Ukiah members Rebecca Enberg and Allyne Brown opted to spend their Saturday on October 26th with a group of community volunteers representing NCO, Active 20-30 Club, Toastmasters, Kiwanis, Soroptimist and other organizations, clearing brush that was blocking the view of the "Ukiah" sign meant to welcome visitors to Ukiah at the city's southern border. As workers cleared brush around the sign, they discovered a marker in one of its cement footings that revealed

the sign went up in 1963, making the cleanup a 50-year anniversary upgrade. We can look forward to hearing from Rebecca once another work day is scheduled to preasure-wash and paint the sign.







### OCTOBER GUEST SPEAKER Katie Marsolan, Grace Hudson Museum Project Analyst www.gracehudsonmuseum.org

Thank you to our October guest speaker Katie Marsolan, Grace Hudson Museum Project Analyst. Katie shared information about the Museum, Sun House and the Outdoor Education Center project.

You may have noticed the beginning of site preparation for the development of the new nature education center with the installation of fencing which surrounds the grounds of the Grace Hudson Museum, including the existing Carpenter-Hudson Park.

This innovative project will create a connected series of outdoor spaces containing local native plants used by the Pomo Indians, encircling the Sun House and Museum. These new "wild gardens" will be learning areas for children and adults, enabling visitors to become familiar with Pomo Indian land management practices and traditions, as well as their underlying values and sophisticated environmental knowledge.



The Grace Hudson Museum's new Outdoor Education Center will be a place where you can learn what a Manzanita plant looks like and how to make a refreshing drink from its berries, see how to catch salmon in a basket, come to know the fate of the Peppernut Girl, celebrate spring and the coming of the clover, take a class on how to combat soil erosion, and discover some of the lessons Pomo Indian women would teach their grandchildren when they would go together to harvest acorns every fall.

What a gem located in the center of our community!

Projected grand opening of the new cultural center is 2017. Until then, enjoy all the museum has to offer, including the wonderful gift shop.

#### FREE CHILDREN'S HEALTH FAIR BIKE SAFETY COURSE Jessica Kimball, Committee Chair

Soroptimist International of Ukiah can be proud to be a part of the Free Children's Health Fair Coalition! Thank you to all SI Ukiah members who helped at the event. Over 40 healthy activities, including learning about nutrition, exercise, reading, growing a garden, hand hygiene and bike safety course kept more than 400 children and their families engaged for hours on October 6th. Many children received free safety helmets. Free medical screenings were also provided by Schriner's Hospital. Local physicians provided dental hygiene, eye exams and hearing tests.

We've heard many stories over the past five years of how the Free Children's Health Fair has changed lives of children in our community. One such story is of a three year old child who was having a tough time ... after attending the health fair and receiving a free vision screening, the child was found to have significant vision problems and was referred for a full exam and now has glasses. This child is much happier, engaged and thriving. What a success this is! If it weren't for the clinical booth at the health fair, this young child would not have had a vision screening until their full physical required for 1st grade entry into public school. Many more stories just like this happen every year.

Savings Bank of Mendocino County, Ukiah Valley Medical Center and the coalition of non-profit community partners are committed to continuing to work hard at providing this life-changing event well into the future. Mark your calendar for October 5, 2014 (tentative date.)















Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

#### FOUNDER REGION DISTRICT III & IV MEETING

# "RIDING THE WAVE OF CHANGE"

President Katie and Delegates Tami and Jessica enjoyed a day of inspiration in St. Helena on October 5th at the Founder Region District III & IV Meeting. The clubs honored District Directors Maddy Leader and Shannon Richards with a contribution to the Laurel Society in their name. A meaningful way to honor their support, leadership and friendship.

SOROPTIMIST INTERNATIONAL OF UKIAH RECOGNITION:

- ~ Club Giving, Dreamers Level: \$500-\$999
- ~ Four Pillars: For outstanding work leading to collective impact.
- ~ Women's Opportunity Award: For participation in providing a 2013 Award.







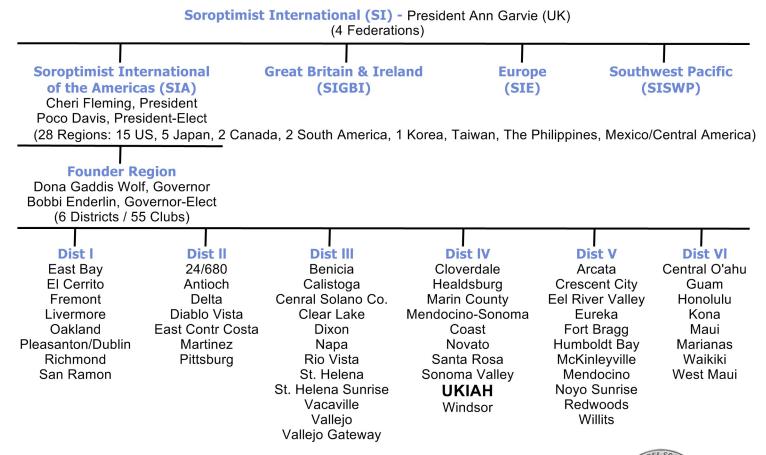






#### WHO WE ARE

As a SI Ukiah member, you are a part of a global organization. You make a difference in the lives of women and girls in our local community and in our global community. More than 80,000 Soroptimists in 120 countries and territories support community—based and global projects benefiting women and girls.



#### LAUREL SOCIETY GIVE A DREAM - MONTHLY GIVING PROGRAM

In the October club newsletter, you'll recall reading a few facts about SIA's prestigious recognition program, the Laurel Society. For some, making a large contribution is not possible, but a small monthly contribution can be an easy way to make Soroptimist your charity of choice.

Monthly giving is a stable and reliable source of funding which decreases the expenses of fundraising and puts more money into Soroptimist programs that help women and girls to live their dream.

When you participate in monthly giving, your gift is transferred each month from your checking account or credit card directly to Soroptimist. A record of each gift will appear on your monthly bank or credit card statement. You will also receive an annual statement in January for tax purposes. You may increase, decrease or suspend your contribution at any time.

Since 1994, more than 6,300 Laurel Society members have contributed almost \$9 million dollars! Because of the generosity of the Laurel Society members who are making Soroptimist their charity of choice, life-changing programs are able to continue, such as the Women's Opportunity Award, Violet Richardson Award, Soroptimist Club Grants for Women and Girls, STOP Trafficking, and the Workplace Campaign to End Domestic Violence.

More information can be found at www.soroptimist.org



Susan Lau SI/Central Oahu, HI writes: "As I get older, my gratitude has grown exponentially and I am deeply committed to the Soroptimist mission of helping women and girls locally and internationally. Our Club, although small, has always enjoyed annual calendars full of hands-on projects. This year, I decided to match the handson activity with monthly giving. It's a small amount; but, if multiplied by more members, would achieve great results! This combination of hands-on projects and monthly giving completes my humble expression of gratitude."