



By Katie Kight
SI Ukiah President
2012-2013



"Individually we can make a difference, together we can make an impact"

- Shawnee Hammer, SI Honolulu President

Greetings SI Ukiah Members and Friends,

I've missed seeing everyone at our weekly meetings! I hope you enjoyed a fun and relaxing summer break and you're ready for a productive year ahead! You can look forward to interesting meetings, fun social activities, productive fundraising and opportunities for service.

We'll be celebrating a milestone anniversary this club year, 65 years of service since June 4, 1949. This is an exciting time to be a member of Soroptimist International of Ukiah!

Right out of the gate, on Wednesday September 18th, we'll be hosting one of our popular fundraisers, the Salad Bar Lunch, 11:30 a.m. - 1:30 p.m. at the Ukiah United Methodist Church, 270 N. Pine St. We ask that each club member sell tickets and provide a salad. Donna and her committee are also seeking volunteers to bring raffle prize baskets and to help at the event. Tickets and sign up sheets will be available at our September 4th meeting. Please print and distribute the flyer at the end of this newsletter. Contact Donna Moschetti or Kathy Ault with questions and to volunteer.

In August I traveled to Sonoma for the District IV President's Roundtable. It is always a great opportunity to have information passed on by Director Maddy and to learn what other clubs are doing. I'm looking forward to hosting the next President's Roundtable November 9th here in Ukiah.

Be sure to check your email inbox for the Call To District Meeting. The sign up sheet will be circulating at our first club meeting. You'll also have the opportunity to purchase Fellowship tickets for a chance to win some amazing gift baskets at District Meeting. Funds raised through ticket sales are used to provide grants to women in the final phase of their doctoral degree.

Together we're brightening our club, community and world!

- Katie

Celebrating July - September Soroptimist Anniversaries Congratulations!

Nikki Hamilton	July 1987
Julie Sawyer	July 1992
Janet Hunt	July 2010
Lucille Mirata	July 2011
Myrna Oglesby	September 1984
Tina Rorabaugh	September 1988
Joyce Melton	September 1993
Allyne Brown	September 1999
Willow Anderson	September 2011
Linda Davis	September 2011
Loretta Tognoli	September 2011

MILESTONES

25 Years!
20 Years!

CALENDAR

Meetings

September - June
Wednesdays, Noon-1:00
Ukiah Garden Cafe
1090 South State Street

Board Meetings

All members welcome to attend
Monday prior to the business
meeting, 5:30 p.m.
Schat's at Friedman's

September 2013

- 4 Committee Meeting and presentation-club website and facebook page.
- 8 Board Meeting at Janet's home, lunch included. Contact Katie to arrange to carpool.
- 11 Business Meeting
- 18 Salad Bar Lunch Fundraiser
- 25 Program Meeting



GREATER UKIAH CHAMBER OF COMMERCE LOCAL BUSINESS EXPO

Thank you to everyone who participated in the Local Business Expo, sharing information about SI Ukiah and the opportunity for others to join.



RETHINK YOUR DRINK

Allyne and Katie participated in the Rethink Your Drink Infused Water Contest at the Ukiah Farmers' Market in July. Did you know?... Sugary beverages are the largest single source of calories in the American diet. Greater sugary beverage consumption is associated with weight gain, obesity and diabetes. The average person in the U.S. drank 45 gallons of sugary beverages in 2009. In Mendocino County 55.7% of adults and adolescents and 42.7% of 5th, 7th and 9th graders are overweight or obese.

Increased access to more healthful beverages is important for reducing sugary beverage consumption and decreasing the prevalence of chronic diseases in Mendocino County. Therefore, Mendocino County Public Health, Prevention and Planning hosted the Infused Water Contest to promote the healthiest and most beneficial beverage available - WATER.



SOROPTIMIST INVITATIONAL DOLPHINS SWIM MEET Tami Glasco, Committee Chair

Our Identifying Project, the 57th Soroptimist Invitational Dolphins Swim Meet, is a Pacific Swimming Short Course C/B/A+ Meet. It is a large meet hosting over 20 teams from around the Redwood Empire and the North Bay Area.

The meet was a great success this year. They had almost double the participants with 359 swimmers, from elementary school age up to high school. It is always exciting to present the awards to the swimmers, but due to the increased number of participants it was impossible to keep up, so some of the awards will be presented by the coaches when the teams return home. Next year we're going to need more volunteers to help.

To add to the excitement 10 year old Winn Aung from the Redding Swim Team broke 2 national age group records, 50 yard freestyle at 24.42 and 100 yard freestyle at 53.12. We presented him with a special award for breaking the records.

Thank you to Julie, Mary, Janet, Nikki, Vi, Loretta, Linda and Rebecca for all of your work.



Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

CONGRATULATIONS FROM FOUNDER REGION GOVERNOR DONA

Look what YOU did Founder Region! Congratulations to the 1627 members who make up Founder Region. YOU all clearly demonstrated your embracement of our new vision of Shaping the Future of Soroptimist through Increased Collective Impact by your:

100% participation in the Women's Opportunity Award, giving \$22,000 more to your winners than the previous year;
21% increase in Club Giving – you gave over \$19,000 more than you did last year;
63% increase of individuals giving to the Laurel Society "Give a Dream Monthly Giving Program";
YOU increased our collective membership retention and were one of only four regions who increased membership (+56);
And YOU increased your participation on our Founder Region Facebook page by 157%.

Thank you members, clubs, committees, pillar chairs, past governors and board members. YOU made the 2012-2013 club year a huge success. Your efforts have been recognized by Soroptimist International of the Americas, congratulations.

What a wonderful team we are, let's do it again!

Take Care,
Governor Dona



VISION, MISSION AND CORE VALUES

The SIA Board has fine tuned the vision, mission, core values and reference to our target audience of women and girls.

VISION

Women and girls have the resources and opportunities to reach their full potential and live their dreams.

MISSION

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

CORE VALUES

Soroptimist International of the Americas is dedicated to:

GENDER EQUALITY: Women and girls live free from discrimination.

EMPOWERMENT: Women and girls are free to act in their own best interest.

EDUCATION: Women and girls deserve to lead full and productive lives through access to education.

DIVERSITY & FELLOWSHIP: Women from varied backgrounds and perspectives work together to improve the lives of women and girls.

A Special Thank You To Our Club Sponsors

with whom we are able
to prosper for the good
of our community.

Zack's Catering



Thompson's
PARTY RENTALS
Great Parties Start Here!



Savings Bank
OF MENDOCINO COUNTY
Member FDIC

Ask about our business sponsorship program

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

SOROPTIMIST INTERNATIONAL OF UKIAH
2013 - 2014 CLUB CALENDAR
"Soroptimists Shine... Brightening Our Club, Community and World!"

SEPTEMBER 2013

- 4 1st meeting of new club year, Committee Meeting and presentation of club website and facebook page.
- 7 Board Meeting at Janet's home, lunch included. Contact Katie to arrange to carpool.
- 11 Business Meeting - District Meeting Registration Information Due to SI Ukiah Treasurer
- 18 Salad Bar Lunch Fundraiser
- 25 Program Meeting

OCTOBER 2013

Breast Cancer Awareness Month

- 2 Committee Meeting
- 3 Founders Day (First club chartered, 1921 in Oakland)
- 5 District Meeting, St. Helena - "Riding the Wave of Change"
- 6 Free Children's Health Fair - Bike Safety Course
- 7 Board Meeting
- 9 Business Meeting - Fellowship Ticket Sales Due
- 16 Program Meeting
- 23 Membership Information Luncheon
- 30 Hospitality Meeting

NOVEMBER 2013

Domestic Violence Awareness Month

- 6 Committee Meeting
- 9 Host District IV President's Roundtable
- 11 Board Meeting
- 13 Business Meeting
- 20 Hospitality Meeting
- 27 No Meeting - Thanksgiving Week

DECEMBER 2013

- (TBA) See's Candy Sales
- (TBA) Christmas Party
- 1 Ruby Award Nominations Deadline
- 1 Violet Richardson Award Applications Deadline
- 4 Committee Meeting
- 9 Board Meeting
- 11 Business Meeting
- 15 Women's Opportunity Award Applications Deadline
- 18 Program Meeting
- 25 No Meeting - Christmas Week

JANUARY 2014

- 1 No Meeting - New Year's week
- 8 Committee Meeting
- 13 Board Meeting
- 11 National Day of Human Trafficking Awareness in U.S.
- 15 Business Meeting
- 22 Program Meeting
- 29 Hospitality

FEBRUARY 2014

- 5 Committee Meeting
- 10 Board Meeting
- 12 Business Meeting
- 19 Program Meeting
- 26 Hospitality Meeting
- 28 Soup Bar

MARCH 2014

Women's History Month

- 1 Saturday of Service - Project To Be Announced
- 5 Committee Meeting
- 10 Board Meeting
- 12 Business Meeting
- 19 Program Meeting
- 26 Hospitality Meeting

APRIL 2014

- 2 Committee Meeting
- 7 Board Meeting
- 9 Business Meeting - Election of 2013-2014 Board
- 16 Program Meeting
- 20 Carrie Minkler Academic Scholarship Applications Deadline
- 20 Vivian Martin Vocational Scholarship Applications Deadline
- 20 Shirley Grover Law Enforcement Scholarship Applications Deadline
- 23 Hospitality Meeting
- 30 Membership Information Luncheon

MAY 2014

- (TBA) Scholarship & Awards Night
- (TBA) High School Scholarship Night
- 7 Committee Meeting
- 12 Board Meeting
- 14 Business Meeting
- 21 Program Meeting / Club Giving
- 21 Early Registration Due for Convention
- 28 Hospitality Meeting

JUNE 2014

- (TBA) Installation of New Club Officers
- 4 65 YEARS! Soroptimist International of Ukiah, Chartered June 4, 1949
- 9 Redwood Memorial Grove Service
- 9 Board Meeting
- 11 Business Meeting
- 14 Lobster Sale
- 18 Program Meeting
- 25 Hospitality Meeting - Last meeting 2013 - 2014 club year

JULY 2014

- 1 New Club Officers officially take office
- 23-26 SIA's 43rd Biennial Convention, Vancouver, BC, Canada (Passport Required)
- * No meetings in July or August - Enjoy the summer!

AUGUST 2014

- * No meetings in July or August - Enjoy the summer!

SEPTEMBER 2014

- 3 1st meeting of new club year - welcome back!



SOROPTIMIST
INTERNATIONAL
OF UKIAH

www.siukiah.org
siukiah@soroptimist.net



SALAD BAR LUNCH

\$10 / includes one raffle ticket

Pay at the door or purchase tickets from any SI Ukiah member

Wednesday, September 18, 2013
Ukiah United Methodist Church
270 North Pine Street
11:30 am - 1:30 pm

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To Our Club Sponsors**

with whom we are able
to prosper for the good
of our community.

Zack's Catering



Thompson's
PARTY RENTALS
Great Parties Start Here!

BRANDON KIGHT
**VISUAL
CREATIONS**

SBMC

California
MENTOR

Savings Bank
OF MENDOCINO COUNTY
Member FDIC

Ask about our business sponsorship program